

February 2022



*The*  
**Islander**  
Magazine



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## CORY LAKE ISLES

### CDD Office Hours

Monday, Wednesday ..... 9am-9pm  
Tuesday, Thursday, Friday, Saturday ..... 9am-5pm  
Sunday ..... Closed

### Fitness Center Hours

Seven days a week ..... 24 Hours

Official Cory Lakes CDD Website: ..... www.corylakescdd.net

Envera Customer Service ..... (877) 936-8372

Morris Bridge Gatehouse ..... (813) 986-0030

CDD Office ..... (813) 986-1031

POA Office ..... (813) 341-0943

Cross Creek Gatehouse ..... (813) 907-8400

Police Emergency ..... 911

Fire/Medical Emergency ..... 911

Police Non Emergency ..... (813) 231-6130

An independent contractor staffs the gates at Cory Lake Isles. They provide access control at the gates 24/7. They are a valuable resource and can advise on security issues; however, they have no law enforcement authority. Any law enforcement or criminal activity should be directed toward the Tampa Police Department that has jurisdiction for Cory Lake Isles.

## POINTS OF CONTACT

### CDD Board Members

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### CDD Committee Chairs

**Landscape/Aquascape/  
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**Stephanie Squires**  
stephie11173@verizon.net

**Security Committee**  
**AJ Forbes**  
clcdsai@gmail.com

**POA Management Company  
Condominium Associates**  
**John Rowles**  
jrowles@condominiumassociates.com

**POA Board Members**  
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**POA Committee Chairs**  
**Design Review Committee**  
Jeffrey Jenkins

**Covenant Enforcement  
Committee**  
John Browne

### PUBLISHER:

**KEM MEDIA GROUP, LLC**  
**PUBLISHING**

WWW.KEMMEDIAGROUP.COM

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## Forever Sealed, Curt Keyser



**After** 25 years as a bank executive, Curt Keyser was afforded the opportunity to enter a new industry cleaning and sealing outdoor wood, concrete and masonry. He took it. That was 6 years ago. A year ago, he decided to start his own company and Forever Sealed was born. Curt points out, "My brother and my son both work with me. We're proud to say we are locally and veteran owned as well as family operated."

Born in Fort Dix, New Jersey, Curt grew up as an Army brat and spent the majority of his life in Panama City Beach, Florida. He earned a Bachelor's degree and MBA from Florida State University, and also earned a Master's degree in Banking from Louisiana State University. Curt served 4 years in the Army in the 10th Mountain Light Infantry.

Curt explains the process that Forever Sealed uses, "We clean and seal outdoor wood, concrete and masonry using a liquid silicone sealant that actually penetrates wood by up to 6 inches, concrete by up to 3 inches and masonry or pavers by up to 1 ½ inches. Once the sealant penetrates the porous product, it chemically reacts with the natural acid inside each product to transform the liquid silicone into a hardened block." He continues, "That serves several purposes. First, it makes each product mold and mildew resistant. You literally do not have to pressure wash again as liquids are not able to penetrate the products. Second, in the case of wood, the liquid silicone will encase the natural fungus in wood that causes wood to rot. Encasing the fungus in a silicone block means moisture cannot reach the fungus, which means the wood will literally last forever. Third, the cured silicone will strengthen wood, concrete and masonry by over 20%."

"When it comes to pavers, we use a polymer sand that will congeal and essentially turn into a grout or mortar. That means moisture cannot penetrate between the pavers making it mold and mildew resistant. That also means vegetation cannot grow between the pavers. You know pavers have been properly sealed when water beads up on them. Keep in mind that the rainy season does not prevent us from cleaning and sealing concrete or wood," Curt explains.

Forever Sealed guarantees their work. Concrete and wood come with a fully backed 25 year guarantee and pavers and masonry come with a fully backed 10 year guarantee. Forever Sealed is fully insured and licensed.

When Curt isn't working, he spends time with his family and is an avid Florida State sports fan.

Eliminate Sealing  
your concrete or wood  
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16350 Bruce B Downs Blvd  
P.O. Box 47311 Tampa, FL 33646  
**813.994.7926**  
www.ForeverSealedFL.com





# BOARD MEETING

## UPCOMING MEETING:

**CDD Board Meeting**  
February 17, 2022 @ 6PM

### POA News

Now is the time to take advantage of dry season and get those weather dependent outside chores off of your to-do list! It's a good time to take a close look at the exterior of your home. Does your roof need to be cleaned? Walls and soffits pressure washed? Or time for a new look and get a paint job done?

Please remember that any changes to the exterior of your home, such as a new paint color scheme, a new garden, deck, dock or roof requires DRC approval. For the DRC form, please reach out to our CAM, John Rowles: jrowles@condominiumassociates.com

The POA Board greatly appreciates your efforts in maintaining the beauty of Cory Lake Isles!

### Bicycle (and Pedestrian) Safety Tips

- A cyclist on a sidewalk or crosswalk has the rights and duties of a pedestrian. A cyclist on the road has the rights and duties of a motor vehicle.
- A bicycle rider or passenger under 16 years of age must wear a bicycle helmet that is properly fitted, is fastened securely, and meets national standards.

- Properly-fitted helmets can reduce the risk of head injuries by at least 45 percent – yet less than half of children 14 and under usually wear a bike helmet.

- Florida has ranked in the top 3 in bicycle and pedestrian fatalities every year since 2001.

- Every child is different, but developmentally, it can be hard for kids to judge speed and distance of cars until age 10, so limit riding to sidewalks (although be careful of vehicles in driveways), parks or bike paths until age 10. No matter where you ride, teach your child to stay alert and watch for cars and trucks.

- Tell your kids to ride on the right side of the road, with traffic, not against it. Stay as far to the right as possible. Use appropriate hand signals and respect traffic signals, stopping at all stop signs and stoplights. Be predictable when riding.

- When riding at dusk, dawn or in the evening, be bright and use lights – and make sure your bike has reflectors as well. It's also smart to wear clothes and accessories that have retro-reflective materials to improve biker and pedestrian visibility to motorists.

- Most states require a front light but allow the use of a rear reflector. Headlights aren't so much for bicyclists to see where they are going but for others to see them. Riding without a headlight means drivers won't see you, and surprising motorists is never a good idea.

### Reminders for Driving & Parking in Cory Lake Isles

Speed limit is 25MPH

-Please drive within the limit throughout the entire community.

-Please come to a complete stop at the stop signs.

-When parking in your driveway, please do not block the sidewalk.

Blocking sidewalks violates the American's with Disabilities Act, a federal law, and causes an unsafe situation when pedestrians are forced to walk in the street.



### No Littering

Be part of the solution, not the pollution. While out enjoying the community amenities, please make sure your water bottles and other trash is put into the trash receptacles. This helps keep our community clean and safe!



### No Wake Zones

Just a friendly reminder that there is "No Wake" restrictions down the isles/canals. The boating and skiing area of the lake is the only non-wake restricted section. Please see the map below for more details.

### Contractor Hours

Just as a reminder, the following hours are when contractors are permitted to enter the community:

- Weekdays (Monday-Friday \*except holidays\*) 7AM-7PM
- Weekends (Saturday & Sunday) 9AM-7PM
- Holidays 9AM-7PM

### Secure your Valuables

Lock your doors every time you leave your vehicle. A vast majority of vehicles that are burglarized have been vehicles that were unlocked.

### Lock your car doors!

Do not leave your car running unattended even for a minute; criminals are opportunists who love an easy job. Do not leave valuable or even cheap items in plain sight, offenders often look into vehicles to see if it is worth breaking into, what you think is worthless they may see as some value to them.

### IMPORTANT NUMBERS

#### Local Tampa Police Department Information:

District II 9330 N. 30th Street, Tampa, FL 33612  
Ph: (813) 931-6500

#### FREQUENTLY CALLED NUMBERS

Police Non-Emergency: 813-231-6130  
Code Enforcement: 813-274-5545  
Animal Control: 813-744-5660 (domestic cat / dog ONLY)  
Solid Waste: 813-348-1112  
Crisis Center: 2-1-1

## Advertise in *The Islander*

Helping to support, inform and entertain the community.

For Info.....

CALL: 813.842.3818

EMAIL: info@KEMMediaGroup.com



Cory Lake Isles

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THE  
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8AM  
-  
12PM

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SPACES WILL BE AVAILABLE TO  
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**SATURDAY, MARCH 26TH**

813-986-1031 [clibeachclub@corylakescdd.net](mailto:clibeachclub@corylakescdd.net)

Cory Lake Isles Annual

# INTERNATIONAL FOOD & ARTS FESTIVAL

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12ft. Slide

Bounce House

For more information contact the CDD office at 813-986-1031



# EVENTS

2/5

## Hustle for Your Heart 5K & 1 Miler

8am - 9:30am

Pasco Hernando State College-  
Porter Campus  
2727 Mansfield Blvd - Wesley  
Chapel

Hustle for Your Heart 5K & 1 Miler. Support the New Tampa Family YMCA at the first ever Hustle for Your Heart 5K & 1 Mile Fun Run hosted at the Porter Campus of Pasco Hernando State College. Whether you're an avid runner or just want to support a good cause, come out and join the fun. For registration and race details, please contact [josh.yerkes@tampaymca.org](mailto:josh.yerkes@tampaymca.org) or visit [www.heart5k.tampaymca.org](http://www.heart5k.tampaymca.org).

2/5

## Pasco Pride Festival 10AM - 4PM

Land O'Lakes Heritage Park  
5401 Land O'Lakes Blvd - Land  
O'Lakes

Pasco County's largest pro-equality event features a day of live entertainment, a vaccine clinic and general health services by Metro Inclusive Health, food trucks and vendors selling handmade products. Free. For more information, please call (727) 249-2588.

2/5

## Super Saturday Cruise In

4pm - 7pm

Northpoint Village  
16506 Pointe Village Drive -  
Lutz



A monthly car cruise in for auto enthusiasts in cooperation with Motoring Tampa Bay, and hosted by Ameriprise Financial. Live rock n roll by Crossroads, DJ, door prizes. Plenty of parking, shops and restaurants. We accept food or cash donations for our military veterans on site. Free to the public.

2/12

## 6th Annual Junkfest in the Field

9am - 3pm

33322 Larkin Rd - Dade City



This is Junk-Mania on Steroids! Over 70 vendors with eclectic junk for you to pick thru. Music, food trucks and free to the public. Collection site for canned or dry goods for Heritage Bible Church to feed families in need. For more information, visit the event host at [www.facebook.com/thebloominghouse](http://www.facebook.com/thebloominghouse).

2/12

## Bexley Community Market

10am - 2pm

16950 Vibrant Way - Land O'  
Lakes

Come out and enjoy great spring weather on the lawn at the Bexley Market. Shop among our great Artisan Vendors, enjoy some eats at the Twisted Sprocket Cafe or from our Food Trucks, and enjoy live entertainment offered by local talent. For more information please call (813) 491-4879.

2/12

## For the Love of Shelby Show Charity Festival

4pm

17109 Old Ayers Road -  
Brooksville

Come out and support a great cause, all while enjoying a 2 day family-friendly festival with live

music by The Emery Brothers Band and Borderline, car shows, vendors and food trucks. The host, Lead Foot City, helps support the Carroll Shelby Foundation which assists children needing heart transplants. Tickets are \$15 - \$75. For more information, visit [www.leadfootcity.com](http://www.leadfootcity.com).

2/20

## The Rafiki Ensemble

4pm - 5:30pm

Carrollwood Cultural Center  
4537 Lowell Road - Tampa



Experience the awakening of African traditional heritage in a new and modern way with the talented young performers of the Rafiki Ensemble. Representing different world cultures, the members of the ensemble are passionate about African dance and music and pride themselves in emphasizing their commonalities and celebrating their rich differences. Away from sharing the rich African heritage, the group uses dance, songs, and storytelling to sensitize and educate the masses, handling themes like domestic violence, health and drugs, governance, and family. Tickets \$13-\$18. For tickets and more information, please visit [www.carrollwoodcenter.org](http://www.carrollwoodcenter.org).

2/24 - 2/26

## Florida Classic Music Fest

Times Vary By Date

5360 Lockhart Road  
Brooksville

Three days of classic country, oldies, comedy, bluegrass, cajun/zydeco and more! This camping-optional weekend boasts three days of live stage shows featuring artists including the Atlantic City Boys, Moe Bandy, The Malpass Brothers, and Johnny Counterfit among others. Family activities and a clas-



sic car show on Saturday. For event times, tickets or camping information, please call (386) 385-3500 or visit [www.evansmediasource.com](http://www.evansmediasource.com).

2/25 - 2/27

## 2022 SunWest Crab & Shrimp Festival

Times Vary By Date

Sunwest Park

17362 Old Dixie Hwy - Hudson

Carnival rides, shows, live music and more seafood than ever! The 2022 SunWest Crab & Shrimp Festival will be benefiting The Stano Foundation and Celebrate Birthdays organizations. Family-friendly fun includes bouncers, a giant slide, rock wall and jumpers. Also included this year, see the Wolves of the World Show, walk through the Bird Encounter and participate in the Hermit Crab Races. Tickets \$20. Food not included in ticket price. Friday 5pm - 11pm, Saturday 11am - 11pm, Sunday 11am - 4pm. For more information, please visit [www.floridapenguinproductions.com](http://www.floridapenguinproductions.com).





Hello,

**Cory Lake Isles  
Running/Walking Group**  
hosted by Latrina S. Ollison-Coasey

If you have any questions please let me know and give me a call at 813-830-2361.

Thank you,  
Latrina S. Ollison-Coasey



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# Jennifer Wiggins

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- Host of "This is Tampa" Podcast
- Contributor to Wesley Chapel Weekly

## What My Clients Are Saying....

"I was so grateful to have Jen help with my sale. She helped tremendously with ensuring needed fixes happened ASAP, and did so much work to ensure the sale closed on a tight timeline. She walked me through all of the details of the contracts and offers so that I understood it all. Thank you!!! " - Megan Lybarger

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Associates Real Estate







**Neighborhood Watch Gift to Security & CDD Staff**

Representatives from the Neighborhood Watch gathered at the Morris Bridge Guard House just before the winter holiday to generously gift each Allied Universal guard and both CDD managers with a festive holiday card and gift card.



**December, 2021 Cory Lake's Tampa Police, State Trooper Call Event Report & CDD/POA Infractions**

Events	Total
Building Check - Beach Club:	1
Similar Residential/Commercial Alarm:	10
Traffic Crash/Hit and Run:	2
Vehicle Stop/Traffic (Non Traffic Crash Related):	3
Building Check- Residents/Non-Beachclub:	0
Suspicious Vehicles/Person/Prowler:	0
Nacotics Law (Drugs):	0
Domestic Dispute:	0
Assauly & Battery	0
Nature Unknown:	0
Offenses Against Family	0
Vandalism/Disturbance/Theft/Criminal Mischief:	15
Misc:	4
Parking Violations:	0
Role Call:	0
Fire:	0
Sheriff Activities	1
Misdemenor/Felony:	0
<b>TOTAL</b>	<b>36</b>

Traffic	
Traffic Citations	22
Traffic Warnings	16
Faulty Equipment	8
<b>Total</b>	<b>46</b>



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# Are Floridians Happier?

BY JEN WIGGINS



I read an article this week that said that, according to a survey, people who live in Florida are some of the happiest in the US. I couldn't pass that by without researching to see what it is about Florida that makes us all so happy. There are several reasons that Floridians have a whole lot more to make us smile than some states.

## SUNSHINE!

Between all of the natural serotonin and vitamin D it provides, sunshine makes a HUGE difference in a person's mental health. Because our weather is so temperate, we are able to get outside much more than our friends to the north, so we can soak up more of the good stuff.

Upon further research, I even came across articles that mentioned being in the sun regularly has been shown in some to lower blood pressure, decrease the risk for diabetes, and can even promote better sleep. Clearly, a daily dose of Florida sunshine is good for you!

## COST OF LIVING

On average, the cost of living in Florida

is lower than in most states. Even though we are in a housing boom like nothing before, our housing is still relatively affordable, whether you're looking to rent or buy. It can be tricky to get into a home but working with a good Realtor can make the challenge much easier.

## NEW RESIDENTS

With the influx of people moving to Florida in the last 18 months, and with most of them coming from the north, people are discovering what it's like to live in a sunny, temperate climate. They are getting out to explore more, choosing to be outside in all seasons.

What I have been hearing from people I'm talking to is that, although it was different to adjust to winter with pleasant weather, most are so incredibly happy to be here. They are able to be more active and, again, be outside more which is just better all around!

## TOP RETIREMENT CITIES

Florida has some of the top retirement cities in the world. According to U.S. News, eight of their Top 10 "Best Places

to Retire in the U.S. in 2021-2022" are Florida cities. Tampa falls into #6 on that list, which is lead by Sarasota as #1 and Naples as #2. Also rounding out their top 10 are Daytona Beach, Melbourne, Fort Myers, Port St. Lucie, & Pensacola. We all work hard looking forward to retirement, these people are in their golden years and they are spending theirs happily in the sunshine state.

Retirees can spend more time outside in Florida golfing, playing tennis, and just doing general outdoor activities year-round. Most find themselves outdoors more now than they were before retiring. Of course they're happier!

This is some pretty compelling data, and as a lifelong Floridian myself, I have to agree. Floridians are truly some of the happiest people I know! ■



Jen Wiggins is a local Realtor® with Smith & Associates Real Estate. (813) 539-1678 [www.jenwiggins.com](http://www.jenwiggins.com)



# Local Mom Launches Organization to Mentor Children of Domestic Violence

BY SANDY PARRISH

Christina Stork has begun the hard work of creating a program for children who have been affected by domestic violence. This passion project is near and dear to her heart because of her own experience.

“The reason I wanted to start my organization was because I was born into domestic violence. As a result of being exposed to this as a child, I entered an abusive relationship,” Christina explained. “I was able to dissociate and stayed with my abuser for a decade. When the abuse escalated to gun violence, I started to

wake up. It was not until my mother told me, ‘All men act that way,’ that I knew something was wrong. I began noticing that my children were modeling abusive and reactive behaviors too. I started to reflect on my own childhood trauma, and started asking friends and family how abuse impacted them. It was always the same story. We suffered from low self-esteem, low self-worth, anger-management issues and we all went into abusive relationships. It was, and is, a vicious cycle, especially when we lack the necessary tools to overcome the

behaviors that we are learning during critical childhood brain development.”

Christina, who is a Pasco County Schools Instructional Assistant, explains, “Through my organization, Lighthouse Productions S.M.M. - Your Port in the Storm, I hope to help stop the cycle of violence from continuing in children when they become adults. When we are exposed to domestic violence, no one is talking about it. In fact, we hide it due to shame, and because it is what we are learning from those in our immediate environment, it becomes normal to us, and we are told that we cannot talk about it. Once I had the courage to leave, I opened the doors of communication with my children. This has helped them tremendously, however, once my children felt, “safe,” enough to talk about it, they turned to their friends. This caused an issue, because those children, had not been impacted by domestic violence.”

“These children need a group setting where they can openly discuss what they have been through with other children and adults like them. It gets it all out on the table, and they can feel free. They can also learn from adults who have learned to overcome the triggers and the trauma they sustained, providing a true role model.”

“My goal is to create an after school program that would mentor these children. This program would offer music, art, writing, group therapy, drum line, karate, boxing, fishing, and archery. All of these activities will teach kids coping mechanisms, as well as how to calm themselves in stressful situations. I am in the very early stages of planning and seeking funding. On top of that, I am a single mom, a full time employee, and a full time student. In November, I had a meeting with a couple of non-profit organizations about collaborating with others that shared a similar initiative, and starting a pilot program. I plan to start my own non-profit 501(c)(3) and run my program with volunteers who have been impacted by domestic violence. My goal is to keep the cost low, so that families do not have to pay.” ■



Christina & her children

If you would like to become involved, please email Christina at [christinasknottysshop@gmail.com](mailto:christinasknottysshop@gmail.com), or to make a donation to the development of the program, please visit her GoFundMe page at [www.gofund.me/73f53035](http://www.gofund.me/73f53035).





## Reuben Quesadilla Recipe

BY KIM MOHR

**4 whole grain tortillas**

**1 cup chicken or turkey**

**1 cup raw sauerkraut**

**8 oz Havarti or mild cheddar**

### DRESSING

**3/4 cup mayo**

**1/4 cup ketchup**

**1 Tbls each finely minced onion, celery, and carrot**

**1 Tbls apple cider vinegar**

**1/2 tsp each Himalayan salt, pepper,**

**and granulated garlic**

Heat a large griddle to medium heat. Place tortillas on hot surface and quickly apply ingredients in this order:

Cover the entire tortilla with cheese – this the glue. Then on one half of tortilla, layer chicken, sauerkraut, and dressing. Fold tortilla in half and let sit for a minute or two until golden brown then carefully flip and brown the other side.

Any leftover dressing can served on the side, used as a salad dressing, or as a dip for your favorite raw veggies.



**Chef Kim Mohr** - Whole Food Chef, Health Coach and the owner of The Hungry, Lazy Solution. For more information, please contact Kim at [hungrylazysolution@gmail.com](mailto:hungrylazysolution@gmail.com)

**Touch Nail Spa** [www.TouchNailandSpa.com](http://www.TouchNailandSpa.com)

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Cory Lake Isles Monthly Information Resource Guide

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# Thinking of selling?



COMPASS

Inventory levels are at an all time low.....current inventory in Cory Lake is **TWO** active listings.

Thinking of Selling? **NOW** is the time.

Contact us today for more information and to discuss your options.

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